

PL Cares® Portal

Convenient 24/7 access

Sign in anywhere with internet access.

Member Dashboards

See self-reported medication adherence, mood, and stress data in real-time.

Messages

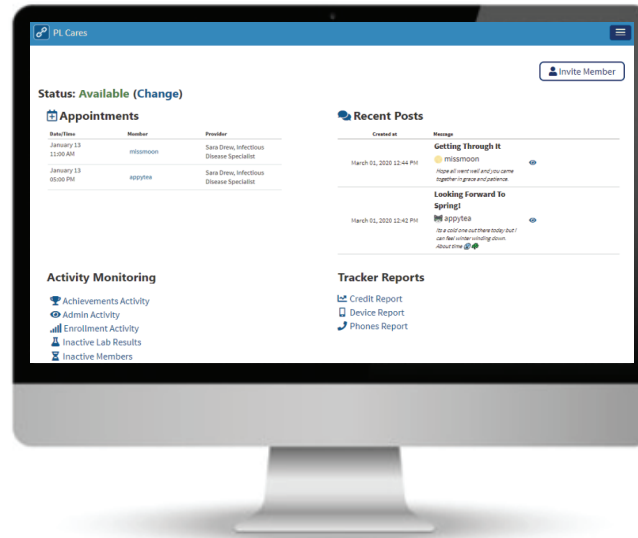
Receive and send private messages to Members.

Appointments

View upcoming Member appointments.

Telehealth

Provide secure online appointments through PL Cares.



- More timely information on medication adherence and mental health.
- Opportunities to identify problems and reach out to those who need more help.
- Offer those who are struggling, access to a supportive community of peers.
- Fewer no-show appointments.
- Ability to contact those who are hard to reach.

What Providers say about PL Cares®...

"I like the ability to communicate with patients more effectively and efficiently."

"Checking in on medication tracking is helpful before appointments and for folks who do not answer their phones."

"Medication adherence tracking also helps identify patterns and helps me better serve patients."

"I enjoy that we are able to track patient's reported mood and stress level. It is helpful to see this as it can impact the care that I provide to patients."

"I like that patients are able to reach out to me about nonurgent issues at their convenience and when they think about it."

Ways PL Cares® Improves Engagement with Care

Allows Providers opportunities to discuss with Members during and between appointments topics such as:

Medication tracking and adherence. Providers can adjust the timing of the medication Check-In and can work together with Members to put an action plan in place.

Care Coordination. Providers and Members can view lab results, appointments, messaging and document sharing.

Mood and Stress tracking. Providers and Members assess together mood and stress levels, coping, and need for additional support.

Strategies for coping with and reducing stress. Providers can offer resources to Members to help with relaxation.

Appointment reminders and telehealth visits. PL Cares helps Members stay connected to care and offers telehealth visits and opportunities to communicate with Providers.

Social support. Providers and Members can assess together social support and the need for Members to connect to others. Providers can encourage Members to connect with others using the PL Cares Community feature to increase social support.